



Nesting Room Guidelines

Sometimes moms and babies leave the hospital at different times. It is important for new families to be as close as possible when mom and baby are not discharged together.

- Nesting rooms are provided for the mother and one adult support person. Siblings are not permitted to stay or visit in the nesting rooms.
- Because you are no longer a patient, you will not be permitted to receive visitors in your nesting room.
- Visitors need to visit at the baby's bedside with you or the other adult with a baby ID band.
- For safety reasons, visitors are asked to use the waiting rooms when waiting to visit with the baby.
- All other visitors are to visit with the family in the visitor's lounge or in the Special Care Nursery as per nursery guidelines.
- All safety rules of the hospital are enforced during nesting.
- Sheets and towels will be provided by the hospital. Families will need to provide their own toiletries and medications.
- Breakfast, Lunch and Dinner will be provided to the mother during the infant's stay.
- Mothers are expected to be present in the nursery for all feedings.
- Every effort is made to provide nesting rooms. Continued availability is based on patient census and adherence to guidelines.

Patient Signature: _____ **Date:** _____

Nurse Signature: _____ **Date:** _____